



# Break the cycle of poverty this Christmas

£38 could provide a cash grant for a family to buy what they need most urgently, such as enough food to last two weeks.

Donate today to help families thrive and break the cycle of poverty.

For more details, visit  
[tearfund.org/christmas2024](https://tearfund.org/christmas2024)



Scan to donate

[tearfund.org](https://tearfund.org)

100 Church Road, Teddington TW11 8QE

☎ +44 (0)20 3906 3906 ✉ [info@tearfund.org](mailto:info@tearfund.org) 🌐 @Tearfund

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